



**RICARDO  
CORREIA DE  
MATOS**  
Application  
for ICN Board  
of Directors

**Reasons  
for the  
candidacy**

**Over two decades  
of experience**

as a nurse, leader, and  
policy advocate in  
healthcare.

**Deep  
commitment**

to strengthening  
the global nursing  
profession.

**Aim to contribute  
to ICN's mission by**

enhancing the role of  
nurses in healthcare  
systems and addressing  
global nursing challenges.

[ordemenfermeiros.pt](http://ordemenfermeiros.pt)



**Ordem dos  
Enfermeiros**

# PROFESSIONAL EXPERIENCE

## ACADEMIC BACKGROUND:

- PhD student in Public Policy.
- Postgraduate Diploma in Management for Healthcare Professionals (ISCTE – Executive Education).
- Certified Accountant.
- Specialist Nurse in Mental Health and Psychiatric Nursing.

## TEACHING ROLES:

- Guest lecturer in Health Policy, Health Economics, and Public Accounting.
- Specialist in Nursing Science at higher education institutions, mentoring future healthcare professionals.

## CLINICAL EXPERIENCE:

- Over 12 years as a nurse at Baixo Vouga Hospital Centre (2003-2015), with extensive hands-on experience in direct patient care.

## LEADERSHIP POSITIONS:

- National Treasurer of Ordem dos Enfermeiros (2024 - 2027).
- President of the Regional Section of Centre of the Ordem dos Enfermeiros (2016-2023).
- President of the Águeda branch of the Portuguese Red Cross, overseeing healthcare delivery and humanitarian efforts.

## GOVERNMENT AND POLICY CONTRIBUTIONS:

- Member of the Task Force for the Health Emergency Plan under the XXIV Government of Portugal, contributing to public health crisis management.
- Served as Pharmacovigilance Delegate for Infarmed and as a member of the Scientific Council of the Pharmacovigilance Unit of the Centre.

# VISION FOR ICN AND PROJECTS/INITIATIVES TO FACE NURSING CHALLENGES

## • Empowering Nurses:

- Strengthen global nursing through access to continuous education, professional development, and leadership opportunities.
- Ensure equitable access to training and resources, leveraging digital platforms to overcome geographical barriers.

## • Fostering Global Collaboration:

- Promote international cooperation between governments, healthcare systems, and nursing bodies to address common transnational, challenges such as workforce shortages and ageing populations.
- Encourage ICN to facilitate global exchanges of best practices and policies.

## • Driving Innovation:

- Support the adoption of cutting-edge technologies and research-based interventions in nursing care to improve patient outcomes and work efficiency.
- Advocate for ICN to lead in integrating technology and evidence-based practice in global healthcare settings.

## KEY INITIATIVES:

- **Nurses' Wage Reform:** Lead the restructuring of nurses' compensation system to ensure fairness and competitiveness, improving job satisfaction and talent retention.
- **Workforce Optimisation:** Re-design nurse staffing models to ensure efficient resource allocation and enhanced patient care outcomes.
- **Public Health Policy Leadership:** Actively reshape policies to support mental health care and the well-being of healthcare professionals, particularly in high-pressure environments.



## National Leadership Roles:

- National Treasurer of Ordem dos Enfermeiros, responsible for modernising financial management and enhancing transparency.
- Pharmacovigilance Delegate for Infarmed, ensuring medication safety and regulatory compliance.
- Member of the Scientific Council of the Pharmacovigilance Unit of the Centre, contributing to drug safety oversight.
- Responsible for Doping Control at the Anti-Doping Authority of Portugal (AdoP), supporting clean sports practices.

## Local Governance and Health Councils:

- Active member of Municipal Health Councils in Coimbra and Leiria, influencing local healthcare policy.
- Member of the Regional Council for Mental Health (2017-2023), contributing to mental health policy formulation and crisis management strategies.

**COMMITMENT  
TO THE FUTURE  
OF NURSING**

Ricardo Correia de Matos candidacy for the ICN Board of Directors is anchored in his belief in the power of nursing leadership to transform healthcare.

With a proven track record of dedication, innovation, and collaboration, he seeks to help shaping the future of nursing on the global stage.



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