

Ensuring the **Well-being** of Nurses

Flexible Leader Embracing
Diverse Values



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To protect people's health and ensure their healthy life in a sustainable manner, ICN, as the global voice of nursing, is called upon to play a leading role in securing the number of competent nurses that is essential for the achievement of UHC. For the ICN to fulfil its role, I will commit myself, with enthusiasm and innovative thinking, to further strengthen NNA collaboration and support by sharing best practices and collecting and expressing the views of NNAs. Specifically, I will focus on the following points.



Ensuring the Well-being of Nurses

In order to achieve UHC, it is essential to ensure the well-being of nurses, who accounts for half of all health care workers, by fostering safe and secure working environment and fair conditions. I will contribute to raising nurses' awareness of valuing their own well-being, developing the capacity of nurse managers to better manage nursing human resources, and improving the public image and rights of nurses through the media.



Securing and Retaining of Competent Nurses

With the global nursing shortage estimated to be 4.5 million by 2030, it is essential to secure and retain competent nurses to achieve UHC. I will strive to promote improvements in basic and continuing education for nurses, appropriate staffing levels of highly competent nurses by expanding the scope of nursing practice, and the support for the generation that was unable to receive adequate clinical education due to the COVID-19 pandemic.



Promotion of Planetary Health

Promoting planetary health is essential as climate change is an urgent issue that has a significant impact on people's health. I will commit myself to ensuring that ICN collectively generates a positive impact on individuals, organizations, and communities by raising awareness of the impact of climate change on health, and the actions required of individual nurses, in accordance with the ICN's position statement 'Nurses, climate change and health'.

 **Leading the ethical practice of nursing globally as an expert in nursing ethics**

As an expert in nursing ethics, Professor Megumi Teshima has extensive experience in revising the Code of Ethics for Nurses of the ICN and the Japanese Nurses Association. She has also contributed to spreading the universal value of nursing across borders and cultures through international collaborative research, publications, lectures and more. Her many years of experience as an expert in nursing ethics will contribute to the support of ethical practice for quality nursing care, and the promotion of planetary health from the perspective of environmental ethics.



 **Enhancing nurses' leadership skills as an expert in nursing management**

Over the years, she has led the development of the capacity of nurse managers, who play a leading role in organizations through postgraduate education. She has also served as a role model for nursing leaders around the world, delivering numerous lectures and presentations on nursing leadership. As an expert in nursing management, she will commit to ensuring that ICN contributes to strengthening leadership at all levels, from the frontline to government.

 **Experience of organizational management and strategic planning**

Professor Teshima has extensive expertise in board governance, gained as Vice President of one of the largest nursing academies in Japan, and as a member of the ICN Board of Directors. Since her appointment to the ICN Board in 2021, she has been involved in strategic planning and the review of the ICN structure to avoid over-reliance on membership fees. These experiences will enable her to actively and cooperatively engage in ICN's governance with prominent ability to develop and promote its strategic direction and strengthen its structure to make it sustainable for developing the global nursing.

Vice President, Director of Post-graduate School of Nursing, Tokyo Healthcare University	2024-present
Professor Emeritus, Chiba University	2024-present
Associate Member, Science Council of Japan	2023-present
Board Member, International Council of Nurses	2021-present
Board Member, Japan Academy of Nursing Science	2021-2023
Professor, Graduate School of Nursing, Chiba University	2001-2024
Associate Dean, Graduate School of Nursing, Chiba University	2010-2020
Vice President, Japan Academy of Nursing Administration and Policies	2006-2011
Board member, Higashi Sapporo Hospital	2000-2001
Deputy Director of Nursing, Higashi Sapporo Hospital	1998-2001
Visiting Scholar, School of Nursing, University of Minnesota	1993-1994
Lecturer, St. Luke's College of Nursing	1987-1994
Assistant Professor, St. Luke's College of Nursing	1986-1987



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